Appendix 1:
Screenshots of the On-Calendar Application

![Figure 1](image1.png)
Figure 1. Week view with line graph displayed overlapping with calendar events.

![Figure 2](image2.png)
Figure 2. Week view with line graph displayed side by side with calendar events.
Figure 3. Week view with luminance displayed overlapping with calendar events.

Figure 4. Week view with luminance displayed side by side with calendar events.
Figure 5. Month view with line graph displayed overlapping with calendar events.

Figure 6. Month view with line graph displayed side by side with calendar events.
Figure 7. Month view with luminance displayed overlapping with calendar events.

Figure 8. Month view with luminance displayed side by side with calendar events.
Figure 9. Day view with line graph displayed overlapping with calendar events.

Figure 10. Day view with line graph displayed side by side with calendar events.
Figure 11. Day view with luminance displayed overlapping with calendar events.

Figure 12. Day view with luminance displayed side by side with calendar events.
Appendix 2:
Screenshots of Fitbit Application (fitbit.com)

Figure 1: Dashboard view (aggregated summary data)
Figure 2: Detail activity log